

FORM G - WEEKLY PROGRESS NOTE TEMPLATE

TREATMENT PLAN REVIEW DATE: *The first TX Plan Review Date is 3 months from the date of the assessment and every 3 months thereafter to reflect when goals/treatment are reviewed by patient and therapist*

TREATMENT USED DURING SESSION: Behavioral Cognitive Cognitive-Behavioral Insight Oriented Person-Centered Reality Testing Solution-Focused Supportive Validation Other:

TECHNIQUES USED DURING SESSION:

Behavior Modification Cognitive Modification Facilitation of coping skills Testing Encourage personality growth/development Other:

The chosen therapy types are deemed to be the appropriate modalities based on the Patient's clinical symptoms, presentation and what Patient agrees would be most beneficial in creating therapeutic support and change.

SUMMARY OF SESSION

Patient presented as

Patient's participation was

Psychotherapy entailed focusing on the following Treatment Plan Goal:

Patient processed current stressors during session.

Descriptive documentation of therapeutic interventions such as examples of attempted behavior modification, supportive interaction and discussion of reality:

What actually was discussed or processed during the session, as well as therapist's feedback/intervention ALL goes in the SUMMARY OF SESSION here.

PROGRESS TO DATE: Listed below within Treatment plan, Under Goals *This section is a sentence or statement of what progress the PATIENT is making; not the therapy.*